ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Blanco Nino Smoky Chipotle 170g
Manufacturer's Name and Address	Blanco Nino, Carrigeen Business Park, Clonmel, Tipperary, Ireland, E91 F759
Supplier Name and Address	Blanco Nino Ltd, Blanco Nino, Carrigeen Business Park, Clonmel, Tipperary, Ireland, E91 F759
Ingredients	Non-GMO White Corn (74%), High Oleic Sunflower Oil, Salt, Dried Herbs and Spices, White Sugar, Brown Sugar, Yeast Extract, Rice Flour, Garlic Powder, Onion Powder, Spirit Vinegar Powder, Tomato Powder, Dried Red Bell Pepper, Smoked Salt, Spirit Vinegar, Chipotle Chilli Extract (0.5%), Chili Extract, Flavouring.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Ireland
Storage Instructions	Store <25degC Away from direct light
Instructions for use	n/a
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2030	Energy (kcal)	486
Fat	20.8	of which saturates	2.4
Carbohydrate	71.8	of which sugars	1
Fibre	6	Protein	4.8
Salt	-0.4		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Lazy Day Chocolate Tiffin 150g
Manufacturer's Name and Address	Lazy Day, 1 Mossburn Avenue,, Harthill, Shotts, UK, ML7 5PX
Supplier Name and Address	Bramble Foods Ltd, Crosby Road, Market Harbrough, Leicestershire, United Kingdom, LE16 9EE
Ingredients	Belgian Dark Chocolate (30%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (**SOYA** Lecithin), Flavouring], Sultanas (16%), Rice Flour, Palm Oil, Rapeseed Oil, Sugar, Invert Sugar Syrup, Maize Starch, Water, Tapioca Starch, Dariy Free White Choc [Sugar, Cocoa Butter, Rice Syrup, Rice Starch, Rice Flour, Coconut Oil, Emulsifier (Sunflower Lecithin), Flavourings], Salt, Emulsifiers (Mono- and Diglycerides of Fatty Acids, **SOYA** Lecithin), Flavouring, Colour (Carotenes). Dark Chocolate contains: Cocoa solids 55% minimum. White Choc contains: Cocoa solids 30% minimum.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight. once open store in an air tight container.
Instructions for use	consume
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1989	Energy (kcal)	477
Fat	29	of which saturates	12.7
Carbohydrate	50.5	of which sugars	36.4
Fibre	2.9	Protein	2.9
Salt	0.24		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Choc-affair Orange & Rosemary Dark Chocolate Holly & Berries 90g
Manufacturer's Name and Address	Choc Affair Ltd, Hazel Court, York, North Yorkshire, United Kingdom, YO10 3DR
Supplier Name and Address	Choc-affair Ltd, Hazel Court, York, North Yorkshire, United Kingdom, YO10 3DR
Ingredients	Colombian Dark Chocolate (min. cocoa solids 60%) (cocoa mass, sugar, cocoa butter, emulsifier: **SOYA** lecithin, natural vanilla flavouring), Natural Flavouring.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat, Milk, Tree Nuts, Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a Cool Dry Place
Instructions for use	n/a
Alcoholic Strength	-1

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	2346	Energy (kcal)	560
Fat	36	of which saturates	22
Carbohydrate	52	of which sugars	39
Fibre	0	Protein	6.0
Salt	0.01		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Crosta & Mollica Ltd Classic Linguette Hand Stretched Italian Flatbreads with Extra Virgin Olive Oil 150g
Manufacturer's Name and Address	Crosta & Mollica, 1 Argyll Street, London, London, United Kingdom, w1f 7ld
Supplier Name and Address	Crosta & Mollica Ltd, 1 Argyll Street, London, London, w1f 7ld
Ingredients	**WHEAT** flour, extra virgin olive oil 6%, olive oil 6%, salt, yeast, malted **WHEAT** flour. Allergens contained: **GLUTEN**.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Mustard, Soybeans
Country of Origin	Italy
Storage Instructions	ambient
Instructions for use	n.a.
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1813	Energy (kcal)	431
Fat	14	of which saturates	2.3
Carbohydrate	65	of which sugars	4
Fibre	3.5	Protein	10
Salt	1.8		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Melting Pot Vegan Handmade Fudge Chocolate Orange 90g
Manufacturer's Name and Address	Melting Pot Fudge, 28 Ballymacarrett Rd, Belfast, Antrim, Northern Ireland, BT4 1BT
Supplier Name and Address	Melting Pot Fudge Ltd, 28 Ballymacarrett Rd, Belfast, Antrim, BT4 1BT
Ingredients	Sugar, rice drink (water, rice (14%, sunflower oil, sea salt), cocoa butter, golden syrup, brown sugar, orange extract (rapeseed oil, orange extract)(1%) cocoa (2%),salt.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk, Tree Nuts, Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	NA
Alcoholic Strength	-1

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	360	Energy (kcal)	1507
Fat	4.6	of which saturates	2.6
Carbohydrate	77	of which sugars	73
Fibre	0	Protein	0.7
Salt	0.16		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mighty Fine Vegan Salted Caramel Chocolate Honeycomb Dips 90g
Manufacturer's Name and Address	The Serious Sweet Company, Fourth Avenue, Hornbeam Park, Harrogate, North Yorkshire, United Kingdom, HG2 8QT
Supplier Name and Address	Mighty Fine Honeycomb c/o The Serious Sweet Co Ltd, Fourth Avenue, Hornbeam Park, Harrogate, North Yorkshire, United Kingdom, HG2 8QT
Ingredients	Caramel Flavour Chocolate (36%) (Sugar, Cocoa Butter, Dried **OAT** Powder, Cocoa Mass, Dried Rice Powder, Emulsifier: Lecithins, Flavourings), Sugar, Glucose Syrup, Raising Agent: Sodium Bicarbonate, Salt.

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk, Tree Nuts, Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store me in a cool, dry place away from sunlight
Instructions for use	Ready to eat
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1901	Energy (kcal)	451
Fat	13.5	of which saturates	8.0
Carbohydrate	80.5	of which sugars	59.5
Fibre	0.5	Protein	1.9
Salt	0.7		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Odysea Harissa Houmous est 265g
Manufacturer's Name and Address	Pelopac, Block 38, NB1A Street, Industrial Area, Thessaloniki, Sindos, Greece, 57022
Supplier Name and Address	Odysea Limited, 2 Dorma Trading Park, Leyton, Greater London, United Kingdom, E10 7QX
Ingredients	Chickpeas (44%), Water, Tahini (**SESAME**) (8%), Hot Red Peppers (8%), Red Peppers, Vegetable Oils (Sunflower, Olive), Salt, Garlic, Lemon Juice, Extra Virgin Olive Oil, Cumin, Red Hot Cayenne Pepper, Sugar, Antioxidant (Ascorbic Acid), Acidity Regulators (Citric Acid, Lactic Acid)

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	Yes
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Contains tahini and so is not suitable for people with a sesame allergy.
Country of Origin	Greece
Storage Instructions	Refrigerate after opening and consume within 1 week.
Instructions for use	N/A
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	695	Energy (kcal)	168
Fat	11.5	of which saturates	1.5
Carbohydrate	6.5	of which sugars	0.9
Fibre	7	Protein	6.1
Salt	1.1		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Love Popcorn Caramelised Biscuit Crumb
Manufacturer's Name and Address	Sweet and Savoury (North East) Ltd, 35B Number One Industrial Estate, Consett, County Durham, United Kingdom, DH8 6SZ
Supplier Name and Address	Sweet & Savoury (North East) Ltd, 35B Number One Industrial Estate, Consett, Co Durham, United Kingdom, DH8 6SZ
Ingredients	Popcorn (24.27%), Lotus Biscoff Crumb [**WHEAT** Flour, Sugar, Vegetable Oils (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), **SOYA** Flour, Salt, Cinnamon] (24.24%), Sugar (24.21%), Golden Syrup (9.49%), Coconut Oil (7.28%), Glucose Syrup (6.49%), Ground Cinnamon (1.08%), Rapeseed Oil (0.98%), Bicarbonate of Soda (0.98%), Salt (0.84%), Lecithin Powder/Granules (**SOYA**) (0.14%)

CONTAINING ALLERGENS					
Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk, Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place out of direct sunlight
Instructions for use	n/a
Alcoholic Strength	0

NUTRITION LABELLING - TYPICAL VALUE PER 100g / 100ml			
Energy (kj)	1847	Energy (kcal)	439
Fat	14	of which saturates	8.1
Carbohydrate	70	of which sugars	42
Fibre	2.4	Protein	2.4
Salt	1.4		

SUITABLE / FREE FROM			
Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		